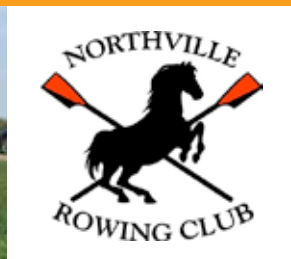


NORTHVILLE ROWING CLUB



VARSITY • JV • NOVICE

FALL & SPRING COMPETITION SEASONS



Established in 2009 with a team of 4 rowers, Northville Rowing Club has expanded to a co-ed Novice, JV and Varsity team of roughly 45 rowers that compete against area High School teams in both fall and spring seasons. Through extensive training and dedication, this team has had great success at Midwest and State Finals with rowers advancing to national events. We also offer summer Learn To Row, Sculling and Sweep camps as well as winter conditioning.

With camaraderie and teamwork, hard work and dedication, the rowers have experienced successes and made lifelong friends. Come check us out and be part of a great team. **Row Mustangs!**

www.northvillerowing.com

Email: northvillerowing@gmail.com



NORTHVILLE ROWING CLUB



Why Row? Many of our rowers are new to the sport when they join the team and start for a wide variety of reasons. Rowing is a growing sport that will put you in the best physical condition of your life. Cardiovascular conditioning, strength, balance, flexibility and unparalleled teamwork – rowing brings it all together on the water. Rowing is one of the best opportunities around for athletic scholarships and the sport is offered in many colleges, including: Michigan State, U of M, Ohio State, Eastern Michigan and many, many more. If you are looking for something a little different, a little more challenging and a lot more exciting than anything you've done before, give rowing a try!

See our website for more information: www.northvillerowing.com